

WELCOME TO

A Year in Review

we're so glad you're here!

A Note from the Editor

Hello XDA sisters past and present!

I hope this note finds you well and soaking up the sunshine of the season. I want to start by saying thank you for your patience—it's been a little while since our last newsletter, and I'm so excited to finally catch you up on everything we've been up to!

From our many service events and sisterhood activities to exciting achievements and newest pledge class, this issue is packed with all the love, laughter, and impact we've shared lately. I'm so proud of everything this group of girls continues to accomplish, and I'm even more grateful to be a part of it with all of you.

Thanks for sticking with me—I promise it won't be this long between updates next time. In the meantime, keep being amazing and keep showing up for each other like only we know how.

XOXDA,

Rylee

Rylee Whitt

XDA'S SPRING 2025 ALUMNI/SERVICE DAY CHAIR

If you would like to reach out to XDA my email is
ryleesw15@vt.edu!



Service

BY: JETTIE SULLIVAN, SERVICE OFFICER SPRING 2025



In Xda we have a wide range of service projects our sisters love to participate in! We offer everything from clerical work at the local elementary schools to bowling with Special Olympics athletes or working concessions at the local Lyric Theatre. These service projects mean so much to our girls and our volunteers leave a huge impact on the community! As service officer I've gotten the amazing opportunity to collaborate with all of the amazing coordinators in the Blacksburg and Christiansburg area. We couldn't do it without them! My personal favorite service project is Special Olympics bowling. I attend this project weekly and it's absolutely the highlight of my week! This project alongside others has truly impacted my life!



Spring into Service Day 2025

BY: RYLEE WHITT, ALUMNI/SERVICE DAY CHAIR SPRING 2025

Planning this year's Spring Into Service Day was such a joy, and I just want to say how incredibly proud I am of everyone who participated! We had **seven** groups out in the community, serving with heart and purpose alongside amazing organizations including Special Olympics, Warm Hearth, Blacksburg Parks & Rec, and MCEAP.

What made the day even more special was getting to serve alongside my XDA sisters and their families. It was such a full-circle moment that reminded me what service and sisterhood truly mean. Seeing everyone come together with smiles and a willingness to help was the highlight of my semester.

You all embodied the spirit of Ut Prosim—that I may serve—in the most genuine and beautiful way. Thank you for making this day so meaningful. You brought our theme to life by truly springing into service.



Spring into Service Day 2025

FAMILY DINNER EDITION



Spring into Service Day 2025

XDA IN THE NEWS!



WARM HEARTH VILLAGE AND VIRGINIA TECH'S CHI DELTA ALPHA SORORITY TEAMED UP TO BEAUTIFY THE VILLAGE

Blacksburg – Warm Hearth Village (WHV) flourishes thanks to the dedication and generosity of its resident and community volunteers. They share their time and talents to make the community a more welcoming, beautiful and environmentally responsible place to call home. Their efforts often go unseen, but their impact is felt throughout.

Last month, eight residents teamed with 28 volunteers from the Virginia Tech Chi Delta Alpha sorority, contributing 74 service hours to clean and maintain the wooded trails on campus. Volunteers also cleaned benches and signs, blazed trails, raked leaves and cleared debris, ensuring that residents can continue to enjoy these natural spaces.

Resident Jack Onufrak moved to the Village in 2022 and embraced the engaging culture by volunteering his time to mark the walking trails and be sure the map was accurate. "This Village was founded to be interactive with residents and staff working together," he said. He went on to say WHV continually seeks to include area universities, business, and groups in volunteering in the Village to help with grounds, socialization, fitness classes, and more. To that end, he volunteered to coordinate the post-storm cleanup effort. "Working with the Tech students and their families to clear away brush and debris was rewarding on all sides. I love to do it. And I want to keep doing it. Residents can volunteer at any level they choose. It is so rewarding to work here," he said.

Warm Hearth extends special thanks to Jack Onufrak and Rylee Whitt for organizing this successful event. Warm Hearth continues to be grateful for all the opportunities to work with and be a part of the greater community and extends a heartfelt thank you to the Chi Delta Alpha volunteers, their parents, and Warm Hearth residents Randi Lemmon, Ken and Ann Winans, Greg Urbinati, Glenn Freeman and Marti Snyder for their hard work.

Susan "Bix" Bixler
Concierge
Warm Hearth Village Center

Sisterhood

BY: JULIA RICHARDSON, SISTERHOOD CHAIR SPRING 2025



Stepping into leadership this semester was definitely a lot to add to my plate, but it's been the most rewarding experience ever! I've loved giving back to this organization that I adore so much. Getting girls together for bonding events, dinners, and photoshoots has been such a welcome break from the craziness of academic life. I feel so blessed to know each and every one of these girls, and honestly, I couldn't imagine college without them.

This past fall, we packed in so many fun sisterhood activities! We met up for tailgates and football games (spirits were high even when the scores weren't). Weekly events were a hit, with fun themes like tote bag painting and game night. In October, we had our sisterhood retreat at Doe Creek Farm, which was such a success- the cutest girls at the cutest place made for some amazing photos! (If you ever go, definitely get the cider!!) We wrapped up the semester with a holiday party hosted by Rylee, where we played games, shared laughs, and made so many sweet memories.

This spring, we kept the momentum going with even more bonding events, alongside pledging, which helped strengthen so many connections. In February, we celebrated with a Galentine's party hosted by Allie and Mily- amazing snacks, drinks, and company (even if somehow I missed the memo to wear sweats). We also had a Duck Pond picnic, another game night, and even repainted the XDA letters with the new pledge class! I reintroduced a form of Secret Sister this semester, with girls sending each other uplifting messages each week, and it's been the absolute sweetest program to watch unfold. We're ending the semester strong with a group trip to Claytor Lake and some line dancing- truly the perfect way to wrap up such a special year. Overall, the central pillar of sisterhood is stronger than ever in XDA, and I'm beyond thankful for the opportunity to lead it.



Sisterhood

"IN A WORLD FULL OF BUSY BEES, BE THE BUTTERFLY THAT BRINGS
BEAUTY AND CHANGE"



Since our last newsletter, we've welcomed not one, but two amazing pledge classes into XDA! These girls have poured their hearts into everything they do, and we couldn't be more proud to call them our sisters. XDA just keeps getting sweeter!

Pledge Class of 24'

BY: MALLORY BROWN

XDA has been such a great part of my college experience! Pledging was so much fun and has brought me some of my closest friends! I've been able to make connections with people and serve the community that has been so kind to me. The service has been life changing--seeing how we have impacted so many. XDA has given me new friendships, opportunities, and experiences that I would have never had without them!



Camp XDA

PLEDGING SPRING 2025

BY: SARAH TAYLOR, PLEDGE ADVISOR FALL 24' - SPRING 25'



This year's pledging theme was Camp XDA! I had the best time being a pledge mom to our amazing new sisters and Lydia and I are so proud of them for making it through the pledging process! Like last year, we had fun XDA Friday events throughout the fall, along with attending Gobblerfest. A new thing we tried this year in the spring was Gobblerfair and it was a great experience as well getting to meet so many interested girls! Sister/pledge and clue week were a hit with classic events such as frat night, and brand-new events like board and dip night. Seeing all of the littles meet their bigs was the sweetest moment ever and there were some standout themes such as brat, guy fieri, and a giant inflatable leprechaun costume. We are so excited for all the new sisters, the sisterhood is truly in great hands for the future! ❤️



Pledge Class of 25'

BY: CAROLINE YOUNG

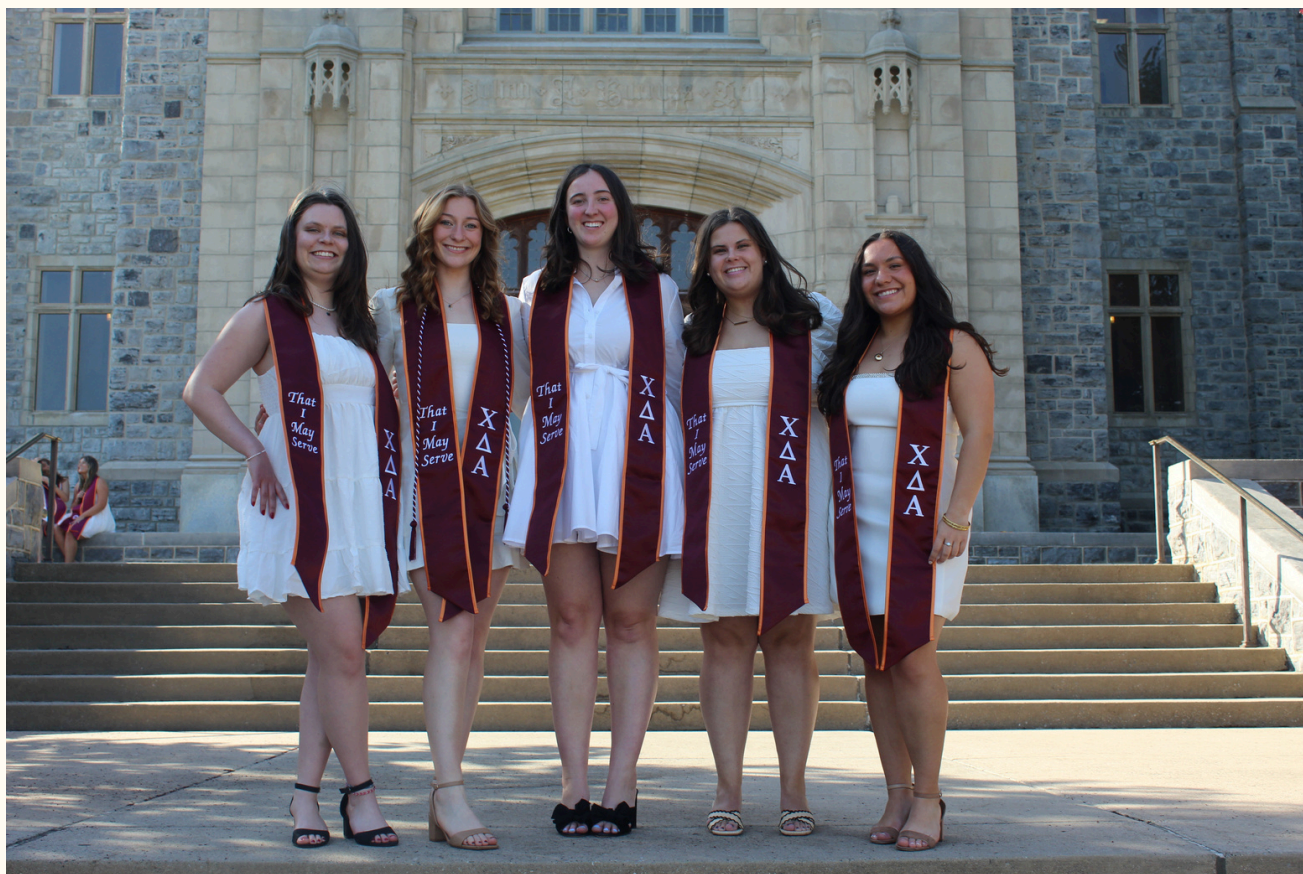
Joining XDA has been one of the best decisions I've made in college and the pledging process made the semester so fun! I've gotten to meet so many amazing girls and have done so many fun service projects. I can't wait to continue with XDA and make great memories!!



Introducing the Graduates

It's hard to believe, but our sweet seniors are getting ready to toss their caps and take on the world! This class of graduates has been the heart of XDA. From late-night laughs to early-morning service projects, these women have poured so much into XDA, and now it's our turn to celebrate them.

Here's to the memories they've made, the lives they've touched, and the bright futures ahead. We're so proud of you, Class of 25' you'll always have a home in XDA!



FROM LEFT TO RIGHT: JULIANNA, ERIN, LAUREN, LYDIA AND BARBARA



Graduating Sisters



ERIN CUMMINGS

After graduation, Erin is moving up to Richmond to work as a Paralegal for McGuireWoods LLP. Her favorite project is her weekly at the Lyric theater with some of her XDA besties. Her favorite XDA memory was the whole experience of being pledge mom for the pledge class of 24'.



JULIANNA GEARY

After graduation, Julianna is planning to work within the CS field as it relates to human/project management. Her favorite project is River Church. Her favorite XDA memory was celebrating Galentines first as a pledge then as a sister.



BARBARA NANCE

After graduation, Barbara will be spending time in Blacksburg and traveling until she becomes a Criminal Investigator! Her favorite service project during XDA has been volunteering at the dog show and seeing the cutest dogs and most passionate dog moms and dads. Her favorite XDA memory is dancing to live bluegrass music during our Apple Butter Making service project.

Graduating Sisters



LYDIA FALARDEAU

After graduation, Lydia is planning to work in the nonprofit sector in a healthcare and advocacy capacity. Her favorite service projects include LIFELINE (which is capitalized because it is her favorite favorite), M.C.E.A.P., and Micah's Backpack. Her favorite XDA memory was singing with the band at the apple butter making service project in 2023.



**LAUREN
MESSERSCHMIDT**

After graduation, Lauren is hoping to attend radiation therapy school in the fall to work in the radiation oncology field. Her favorite service project is Blue Demon! Her favorite XDA memory was getting to try all of the different service projects as a pledge.

